

Val 5k 2020

Date: 02/08/2020

Running | 5k

Overall

Running | 5k

#	Name	Bib	M/F	Age	Division	Team name	Team type	Final Result (Gun)
1	Alexander Cushman	878	M	27	Men's Overall • M20-29	Movin Shoes	Male	15:19.4
2	Dylan Souder	861	M	26	Men's Overall • M20-29	Movin Shoes	Male	15:50.1
3	Luke Kubasta	741	M	23	Men's Overall • M20-29			16:04.9
4	Nick Ofstun	508	M	29	Men's Overall • M20-29			19:28.5
5	Anders Ahlberg	881	M	31	Men's Overall • M30-45	Ex-Pants	Male	19:55.7
6	Casey Hopp	823	M	39	Men's Overall • M30-45			20:11.3
7	Mark Sullivan	888	M	31	Men's Overall • M30-45	Trashdog Kids	Coed	20:24.5
8	Casey Lamers	837	M	44	Men's Overall • M30-45	K&C	Coed	20:41.8
9	Joshua Ruffin	853	M	35	Men's Overall • M30-45	Fleet	Coed	21:11.7
10	Brandon Jones	825	M	28	Men's Overall • M20-29	Fast & Slow	Male	21:34.1
11	Ava Ahnen	701	F	13	Women's Overall • F19-			21:43.2
12	Andrew Rhea	894	M	30	Men's Overall • M30-45	Rhea	Coed	21:50.6
13	Elias Kemna	829	M	19	Men's Overall • M19-			22:12.8
14	Dale Ruby	792	M	57	Men's Overall • M46-60			22:39.2
15	Matthew Morgan	511	M	29	Men's Overall • M20-29			22:51.8
16	Bill Gilmore	726	M	60	Men's Overall • M46-60			22:54.9
17	Steve Ingham	504	M	58	Men's Overall • M46-60			23:01.1
18	Jordyn Briggs	710	F	16	Women's Overall • F19-			23:11.0
19	Lucus Wysiatko	788	M	22	Men's Overall • M20-29			23:23.6
20	Michael Falk	722	M	53	Men's Overall • M46-60			23:41.2
21	Andrew Henke	820	M	34	Men's Overall • M30-45	Henke	Coed	23:55.7
22	Jonas Pipp	758	M	19	Men's Overall • M19-			24:21.6
23	Tom Alesia	507	M	54	Men's Overall • M46-60			24:27.1
24	Phillip Spletstoeszer	774	M	29	Men's Overall • M20-29			24:29.4

25	Joyce Ruhland	502	F	55	Women's Overall • F46-60			24:37.8
26	Sadie McCaulley	840	F	18	Women's Overall • F19-			24:39.1
27	Jeff Dahm	714	M	55	Men's Overall • M46-60			24:47.5
28	David Queoff	889	M	55	Men's Overall • M46-60	M+D	Coed	24:49.9
29	Brittany Kidd	832	F	24	Women's Overall • F20-29	Hardly Unique	Coed	24:51.9
30	Marcus VerHage	866	M	27	Men's Overall • M20-29	Hardly Unique	Coed	24:52.0
31	Chris Gitter	816	M	22	Men's Overall • M20-29	Tutu Tro	Coed	25:05.0
32	Sabrina Belisle	803	F	22	Women's Overall • F20-29	Tutu Tro	Coed	25:05.0
33	Ashley Handschke	818	F	20	Women's Overall • F20-29	World Tour	Coed	25:05.6
34	Jacob Wotruba	873	M	21	Men's Overall • M20-29	World Tour	Coed	25:05.9
35	Anastasia Bravos	708	F	21	Women's Overall • F20-29			25:06.8
36	Marie Ammel	801	F	22	Women's Overall • F20-29			25:12.5
37	Megan Skoczylas	859	F	21	Women's Overall • F20-29			25:12.7
38	Jessica Borszich	756	F	40	Women's Overall • F30-45			25:30.6
39	Jeffrey Splan	773	M	42	Men's Overall • M30-45			25:46.0
40	Joe Mullvain	895	M	26	Men's Overall • M20-29	Team Mullvain	Coed	25:51.5
41	Deb Ross	852	F	58	Women's Overall • F46-60	The Dream Team	Coed	25:53.0
42	James Walker	867	M	54	Men's Overall • M46-60	The Dream Team	Coed	25:54.1
43	Melissa Henke	821	F	36	Women's Overall • F30-45	Henke	Coed	26:14.0
44	Mick Krueger	834	M	39	Men's Overall • M30-45	Snow Zu	Coed	26:16.4
45	April Lawler-Krueger	838	F	31	Women's Overall • F30-45	Snow Zu	Coed	26:16.5
46	Lindsey Steinl	863	F	21	Women's Overall • F20-29	Steinl	Coed	26:36.2
47	Ben Stephens	864	M	20	Men's Overall • M20-29	Steinl	Coed	26:36.7
48	Michelle Richards	849	F	38	Women's Overall • F30-45	Fleet	Coed	26:37.9
49	Joshua Turner	778	M	45	Men's Overall • M30-45			26:39.5
50	Lina Perez	886	F	33	Women's Overall • F30-45	GomezPerez	Coed	26:47.5
51	Shelley Slapak	772	F	39	Women's Overall • F30-45			26:52.3
52	Cullen Slapak	771	M	42	Men's Overall • M30-45			26:52.5
53	Kristin Lamers	836	F	47	Women's Overall • F46-60	K&C	Coed	26:55.7
54	Tom Deits	717	M	73	Men's Overall • M61+			27:16.7
55	Billy Maybe Jr.	750	M	64	Men's Overall • M61+			27:19.0
56	William Bunke	510	M	55	Men's Overall • M46-60			27:29.3
57	Mona Queoff	890	F	53	Women's Overall • F46-60	M+D	Coed	27:30.2

58	Sidney Quamme	846	M	22	Men's Overall • M20-29	Quamme-	Coed	27:31.7
59	Grace Zimmer	875	F	21	Women's Overall • F20-29	Zimmer-	Coed	27:31.9
60	Kelsey Kennan	830	F	31	Women's Overall • F30-45	Kennan-	Coed	27:35.6
61	Joel Harmount	819	M	30	Men's Overall • M30-45	Harmount-	Coed	27:35.6
62	Laura Jester	897	F	38	Women's Overall • F30-45	Jester-	Coed	27:37.6
63	Ryan Jester	898	M	38	Men's Overall • M30-45	Jester-	Coed	27:37.9
64	Liz Heth	509	F	30	Women's Overall • F30-45			27:41.9
65	Caitlin Wienkes	784	F	21	Women's Overall • F20-29			27:55.2
66	Deborah Heth	730	F	23	Women's Overall • F20-29			27:59.6
67	Fred Kile	738	M	66	Men's Overall • M61+			28:00.0
68	Aaron Crandall	713	M	42	Men's Overall • M30-45			28:02.7
69	David Gomez	885	M	31	Men's Overall • M30-45	GomezPerez	Coed	28:03.6
70	Natalie Droessler	512	F	44	Women's Overall • F30-45			28:11.5
71	Jason Madaus	746	M	40	Men's Overall • M30-45			28:32.0
72	Peggy Wiersma	785	F	42	Women's Overall • F30-45			28:32.1
73	Timothy Allen	702	M	25	Men's Overall • M20-29			28:33.2
74	Brian Liston	839	M	50	Men's Overall • M46-60	Raptors	Coed	28:36.0
75	Katie Krull	740	F	25	Women's Overall • F20-29			28:36.6
76	meghan Hosley	501	F	24	Women's Overall • F20-29			28:36.8
77	Jonas Widness	782	M	23	Men's Overall • M20-29			28:54.0
78	Alexandria Danyluk	716	F	24	Women's Overall • F20-29			28:54.6
79	Sharrie Hauge	729	F	55	Women's Overall • F46-60			29:01.8
80	Patrick Mousseau	754	M	58	Men's Overall • M46-60			29:11.3
81	Sydney Mittelsteadt	843	F	21	Women's Overall • F20-29	Patagonia	Female	29:15.2
82	Emma-Kate Stecker	862	F	20	Women's Overall • F20-29	Patagonia	Female	29:15.3
83	Michelle Zinck	877	F	47	Women's Overall • F46-60	Zinck	Coed	29:17.7
84	Mark Zinck	876	M	44	Men's Overall • M30-45	Zinck	Coed	29:18.0
85	Sarah Striegel	775	F	24	Women's Overall • F20-29			29:51.6
86	John Bakken	802	M	47	Men's Overall • M46-60	Fast & Slow	Male	29:55.1
87	Sarah Simon	769	F	58	Women's Overall • F46-60			30:08.2
88	Michael Simon	768	M	61	Men's Overall • M61+			30:08.3
89	Kevin Burke	808	M	51	Men's Overall • M46-60	Burke	Coed	30:13.9
90	Isabel Burke	506	F	17	Women's Overall • F19-			30:14.1

91	Rebecca Burke	809	F	47	Women's Overall • F46-60	Burke	Coed	30:14.3
92	Abby Williamson	786	F	22	Women's Overall • F20-29			30:20.8
93	Morgan Govert	893	F	26	Women's Overall • F20-29	Rhea	Coed	30:21.4
94	Paala Hough-Strokes	793	F	48	Women's Overall • F46-60			30:25.5
95	Renee Kolz Fiocchi	833	F	39	Women's Overall • F30-45	Raptors	Coed	30:50.4
96	Kali Mullvain	896	F	26	Women's Overall • F20-29	Team Mullvain	Coed	30:52.3
97	DAVID BRAITHWAITE	707	M	74	Men's Overall • M61+			31:01.6
98	Patrick Higgins	505	M	32	Men's Overall • M30-45			31:08.6
99	Carly Kruse	887	F	32	Women's Overall • F30-45			31:16.5
100	Dan Marten	882	M	33	Men's Overall • M30-45	Ex-Pants	Male	31:17.0
101	Jelly Hayes	513	F	52	Women's Overall • F46-60			31:18.6
102	Robert Caflisch	711	M	67	Men's Overall • M61+			31:22.2
103	Amy Madoche	747	F	45	Women's Overall • F30-45			31:30.8
104	Olivia Bruhn	807	F	19	Women's Overall • F19-			31:36.8
105	Sarah Kapsner	828	F	18	Women's Overall • F19-			31:37.0
106	Michele Pipp Dahm	759	F	50	Women's Overall • F46-60			31:37.4
107	Brooke Wahlstrom	891	F	26	Women's Overall • F20-29	Ciao	Coed	31:56.8
108	August Hirschboeck	892	M	21	Men's Overall • M20-29	Ciao	Coed	31:57.0
109	Shelby Kelley	737	F	41	Women's Overall • F30-45			32:14.6
110	Jessy Perez	705	F	34	Women's Overall • F30-45			32:15.3
111	Michael Quamme	760	M	54	Men's Overall • M46-60			32:16.2
112	Dana Wood	872	F	37	Women's Overall • F30-45	Bean	Female	32:31.9
113	Barry Selfert	503	M	53	Men's Overall • M46-60			32:38.2
114	Michelle Stocker	865	F	44	Women's Overall • F30-45	Stocker-Gratz	Coed	32:41.1
115	Gibbs Banas	703	M	52	Men's Overall • M46-60			32:41.9
116	Amy Levy	745	F	51	Women's Overall • F46-60			32:42.3
117	Sarah Shank	883	F	25	Women's Overall • F20-29	The RNers	Female	33:10.3
118	Bonnie Johnson	884	F	28	Women's Overall • F20-29	The RNers	Female	33:10.5
119	Maureen Kuechler	742	F	55	Women's Overall • F46-60			33:11.3
120	Robin Schuetz	763	F	53	Women's Overall • F46-60			33:58.8
121	Ryan Patrick	856	M	27	Men's Overall • M20-29			34:02.6
122	Jessica Wimer	871	F	34	Women's Overall • F30-45			34:02.8
123	Joe Paterick	755	M	69	Men's Overall • M61+			34:29.0

124	Jacqueline Land	744	F	26	Women's Overall • F20-29			35:04.3
125	Patricia Coyne	813	F	33	Women's Overall • F30-45	Bean	Female	35:04.8
126	Angela Bennett	804	F	25	Women's Overall • F20-29			35:23.0
127	Diane Kunz	743	F	63	Women's Overall • F61+			35:31.9
128	Adam Duchon	815	M	28	Men's Overall • M20-29	Bond	Coed	35:36.6
129	Katherine Perez	844	F	27	Women's Overall • F20-29	Bond	Coed	35:37.3
130	Nancy Wiegand	783	F	71	Women's Overall • F61+			35:46.4
131	Kit Cline	712	F	48	Women's Overall • F46-60			35:52.4
132	Bonnie Benson	704	F	70	Women's Overall • F61+			36:06.2
133	Bridget McFarland	752	F	24	Women's Overall • F20-29			36:22.7
134	Joel Gratz	817	M	49	Men's Overall • M46-60	Stocker-Gratz	Coed	36:25.5
135	Aubrey Kahlhamer	734	F	28	Women's Overall • F20-29			37:10.3
136	Jared Romero	851	M	32	Men's Overall • M30-45	Nike	Coed	37:24.6
137	Amanda Romero	850	F	31	Women's Overall • F30-45	Nike	Coed	37:24.8
138	Jenna Briggs	709	F	20	Women's Overall • F20-29			37:26.6
139	Paulette Thompson	777	F	52	Women's Overall • F46-60			37:27.3
140	Matt Valentine	779	M	57	Men's Overall • M46-60			37:27.6
141	Jackie Heth	731	F	57	Women's Overall • F46-60			38:15.3
142	Jessica Zappia	791	F	47	Women's Overall • F46-60			38:20.5
143	Joelle Kane	735	F	46	Women's Overall • F46-60			38:20.5
144	Susan Skinner	770	F	53	Women's Overall • F46-60			38:21.3
145	Bonnie Swenson	776	F	55	Women's Overall • F46-60			38:46.2
146	Liam Russell	855	M	5	Men's Overall • M19-	Russel	Male	38:53.1
147	Jesse Russell	854	M	46	Men's Overall • M46-60	Russel	Male	38:54.4
148	Evan Krueger	739	M	27	Men's Overall • M20-29			39:43.2
149	Hannah Silber	767	F	29	Women's Overall • F20-29			39:43.2
150	Julie Wilson	870	F	57	Women's Overall • F46-60	Wilson	Female	40:13.8
151	Anna Wilson	869	F	25	Women's Overall • F20-29	Wilson	Female	40:16.5
152	Marissa Weiman	868	F	24	Women's Overall • F20-29			40:28.1
153	Hannah Kuecker	835	F	25	Women's Overall • F20-29			42:02.7
154	Ethan Severson	858	M	24	Men's Overall • M20-29			42:02.7
155	Emily Zeimet	879	F	26	Women's Overall • F20-29	Em & Gracie	Female	42:30.9
156	Gracie Zeimet	880	F	10	Women's Overall • F19-	Em & Gracie	Female	42:31.0

157	Rebecca Marshall	749	F	38	Women's Overall • F30-45			43:33.9
158	Polly Benesch Hamner	728	F	66	Women's Overall • F61+			43:35.5
159	Kimberly Wheeler-Yates	781	F	52	Women's Overall • F46-60			43:43.3
160	Cindy Julian	733	F	60	Women's Overall • F46-60			45:36.9
161	Peter Cochrane	811	M	61	Men's Overall • M61+	Cochrane	Coed	45:40.9
162	Sara Cochrane	812	F	62	Women's Overall • F61+	Cochrane	Coed	45:41.0
163	Michele Jabs	732	F	52	Women's Overall • F46-60			45:47.8
164	Harper Duffield	719	M	7	Men's Overall • M19-			45:48.7
165	Shelly Duffield	720	F	45	Women's Overall • F30-45			48:22.2
166	John Schultz	764	M	78	Men's Overall • M61+			55:13.4
167	Chang Shong	810	F	27	Women's Overall • F20-29	Chang-Shong	Female	56:34.9
168	Bao Khang	831	F	36	Women's Overall • F30-45	Chang-Shong	Female	56:35.0